



SACRAMENTO AQUATICS CLUB

Girls Team Records - SCY

8 and Under					9-10s					11-12s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
25 Freestyle	14.83	Lonsdale, Lauren	3/6/2020	SNS 14&Under SCY Champ	25 Freestyle	13.41	Lonsdale, Lauren	05/01/2022	May Pentathalon	25 Freestyle	12.58	Lonsdale, Lauren	5/6/2023	DART Spring Sprint Six
50 Freestyle	32.65	Rosales, Hannah	10/13/2017	CGA Spook-Tacular	50 Freestyle	26.32	Lonsdale, Lauren	4/7/2022	Pacific Swimming SC FW	50 Freestyle	24.04	Lonsdale, Lauren	2/23/2025	EGAC Last Chance
100 Freestyle	1:14.55	Rosales, Hannah	10/13/2017	CGA Spook-Tacular	100 Freestyle	56.98	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival	100 Freestyle	52.28	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
200 Freestyle	2:48.74	Rosales, Hannah	11/17/17	SMST Gobbler Classic	200 Freestyle	2:02.44	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival	200 Freestyle	1:51.13	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
500 Freestyle	9:31.71	Kellogg, Uriah	1/25/25	Bud Meyer Memorial	500 Freestyle	5:23.69	Lonsdale, Lauren	1/27/2023	STAS Bud Meyer	500 Freestyle	4:55.02	Lonsdale, Lauren	2/25/2025	EGAC Last Chance
25 Backstroke	19.58	Lonsdale, Lauren	12/6/2019	Matt Castro Memorial	1000 Freestyle	12:54.97	Roxas, Lizzie	9/27/2024	Splashtember Mixed	1000 Freestyle	10:14.51	Lonsdale, Lauren	2/23/2025	EGAC Last Chance
50 Backstroke	39.61	Rosales, Hannah	11/17/2017	SMST Gobbler Classic	1650 Freestyle	21:49.92	Roxas, Lizzie	9/29/2024	Splashtember Mixed	1650 Freestyle	17:19.20	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival , AZ
100 Backstroke	1:23.32	Rosales, Hannah	11/17/2017	SMST Gobbler Classic	25 Backstroke	16.49	Koum, Salina	7/20/2024	SSL Championships	50 Backstroke	28.41	Lonsdale, Lauren	12/1-3/2023	Holiday Swim Festival, AZ
25 Breaststroke	20.54	Lonsdale, Lauren	3/6/2020	SNS 14&Under SCY Champ	50 Backstroke	30.63	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival	100 Backstroke	58.36	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
50 Breaststroke	40.57	Lonsdale, Lauren	2/1/2020	SMST Winter Splash	100 Backstroke	1:04.66	Lonsdale, Lauren	10/7/2022	CCA Spook-Tacular	200 Backstroke	2:04.21	Lonsdale, Lauren	12/8/24	Holiday Swim Festival, AZ
100 Breaststroke	1:42.63	Lonsdale, Lauren	1/25/2020	Bud Meyer Memorial Meet	200 Backstroke	2:25.94	Lonsdale, Lauren	10/21/2022	Pete Fitch	50 Breaststroke	31.10	Lonsdale, Lauren	11/9/2024	2024 SN Folsom Classic
25 Butterfly	17.24	Villarreal, Isla-Marie	3/6/2020	SNS 14&Under SCY champ	25 Breaststroke	17.92	Koum, Salina	7/21/2024	SSL Championships	100 Breaststroke	1:07.42	Lonsdale, Lauren	11/4/2023	2023 Folsom Jr Classic
50 Butterfly	37.82	Rosales, Hannah	10/13/2017	CGA Spook-Tacular	50 Breaststroke	32.81	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival	200 Breaststroke	2:25.42	Lonsdale, Lauren	3/9/2024	SNS 14&Under Short Course Champ
100 Butterfly					100 Breaststroke	1:09.75	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival	50 Butterfly	26.91	Lonsdale, Lauren	1/25/25	Bud Meyer Memorial
100 IM	1:24.76	Rosales, Hannah	11/17/2017	SMST Gobbler Classic	200 Breaststroke	2:50.96	Lonsdale, Lauren	10/19/2021	Pete Fitch	100 Butterfly	58.92	Lonsdale, Lauren	11/9/2024	2024 SN Folsom Classic
					25 Butterfly	14.72	Koum, Salina	7/21/2024	SSL Championships	200 Butterfly	2:11.46	Lonsdale, Lauren	2/23/2025	EGAC Last Chance
					50 Butterfly	29.43	Lonsdale, Lauren	10/7/2022	CCA Spook-Tacular	100 IM	59.68	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
					100 Butterfly	1:07.05	Lonsdale, Lauren	10/7/2022	CCA Spook-Tacular	200 IM	2:06.38	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
					100 IM	1:04.61	Lonsdale, Lauren	10/7/2022	CCA Spook-Tacular	400 IM	4:25.89	Lonsdale, Lauren	12/8/2024	Holiday Swim Festival, AZ
					200 IM	2:18.60	Lonsdale, Lauren	12/1/2022	Holiday Swim Festival					
					400 IM	5:49.86	Casanova Andrade, Sofia	2/25/2024	WAC Last Chance					

13-14s					15-16s					17-18s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
25 Freestyle	12.97	Bonner, Nyla	5/6/2023	DART Spring Sprint Six	25 Freestyle					25 Freestyle				
50 Freestyle	23.83	Lonsdale, Lauren	3/21/2025	SWAGR, March 2025	50 Freestyle	25.54	Bonner, Nyla	5/7/2025	CIF SAC Joaquin Sections	50 Freestyle	26.55	Krawczyk, Sarah	10/4/2019	CCA Spooktacular
100 Freestyle	51.21	Lonsdale, Lauren	3/23/2025	SWAGR, March 2025	100 Freestyle	56.57	Le, Katelinh	11/3/2024	Pleasanton Senior Open	100 Freestyle	57.63	Krawczyk, Sarah	2/27/2021	I love Sac Sailfish
200 Freestyle	1:50.22	Lonsdale, Lauren	3/23/2025	SWAGR, March 2025	200 Freestyle	2:01.91	Le, Katelinh	11/10/2024	Folsom Classic	200 Freestyle	2:01.24	Krawczyk, Sarah	12/6/2019	Matt Castro Memorial
500 Freestyle	4:49.97	Lonsdale, Lauren	2/28/2025	EGAC Last Chance	500 Freestyle	5:39.75	Crevin, Ava	2/5/2022	SN Winter Champs SCY	500 Freestyle	5:45.59	Mattle, Bridget	1/25/2020	Bud Meyer Memorial
1000 Freestyle	10:14.51	Lonsdale, Lauren	2/22/2025	2025 SN CA/NV Speedo Sectionals	1000 Freestyle					1000 Freestyle	12:31.18	Santiago, Annie	11/17/2017	SMST Gobbler Classic
1650 Freestyle	18:49.28	Broyles, Parker	3/23/2025	SWAGR, March 2025	1650 Freestyle					1650 Freestyle				
50 Backstroke	29.05	McEntee, Madison	12/8/2024	Holiday Swim Festival, AZ	50 Backstroke	30.91	Casjens, Makayla	1/29/2019	Bud Meyer Memorial	50 Backstroke				
100 Backstroke	1:01.90	McEntee, Madison	3/6/2025	SNS SC 14 & Under Champs	100 Backstroke	1:00.76	Le, Katelinh	11/09/2024	Folsom Classic	100 Backstroke	1:05.83	Krawczyk, Sarah	10/17/2020	Sail vs. Fish
200 Backstroke	2:01.81	Lonsdale, Lauren	3/07/2025	SNS SC 14 & Under Champs	200 Backstroke	2:18.67	Le, Katelinh	11/24/24	Cranberry Classic	200 Backstroke	2:26.82	Crevin, Ava	2/3/2023	SN Winter Champs SCY
50 Breaststroke	32.78	Magri, Mikayla	6/25/23	Durham Dolphins Invitational	50 Breaststroke	32.45	Magri, Mikayla	9/7/2024	Back to Swim , Elk Grove	50 Breaststroke				
100 Breaststroke	1:05.17	Lonsdale, Lauren	3/7/2025	SNS SC Champs	100 Breaststroke	1:06.51	Le, Katelinh	5/7/2025	CIF SAC Joaquin Sections	100 Breaststroke	1:15.82	Mattle, Bridget	1/25/2020	Bud Meyer Memorial
200 Breaststroke	2:40.25	Liang, Jasmine	2/23/2025	EGAC Last Chance	200 Breaststroke	2:28.38	Le, Katelinh	3/1/2025	2025 SN CA/NV Speedo Sectionals	200 Breaststroke	2:48.14	Santiago, Annie	11/17/2017	SMST Gobler Classic
50 Butterfly	27.12	McEntee, Madison	12/8/2024	Holiday Swim Festival, AZ	50 Butterfly	28.42	Bonner, Nyla	7/21/2024	SSL Championships	50 Butterfly				
100 Butterfly	1:01.41	McEntee, Madison	3/8/2025	SNS SC 14 & Under Champs	100 Butterfly	1:02.23	Le, Katelinh	2/23/2025	EGAC Last Chance	100 Butterfly	1:00.71	Krawczyk, Sarah	1/25/2020	Bud Meyer Memorial
200 Butterfly	2:09.15	Lonsdale, Lauren	3/21/2025	SWAGR, March 2025	200 Butterfly	2:45.12	Figuerres, Katherine	9/23/2022	VACA AGO Season Opener	200 Butterfly	2:20.59	Mattle, Bridget	1/25/2020	Bud Meyer Memorial
100 IM	1:07.05	Bonner, Nyla	7/29/2023	Prospector's Plunge	100 IM	1:06.33	Bonner, Nyla	7/20/2024	SSL Championships	100 IM				
200 IM	2:01.81	Lonsdale, Lauren	3/22/2025	SWAGR March 2025	200 IM	2:12.87	Le, Katelinh	11/9/2024	Folsom Classic	200 IM	2:26.46	Mattle, Bridget	1/25/2020	Bud Meyer Memorial
400 IM	4:19.40	Lonsdale, Lauren	3/20/2025	SWAGR March 2025	400 IM	5:18.31	Jiang, Kaili	1/18/2022	STAS Bud Meyer	400 IM	5:03.97	Mattle, Bridget	12/6/2019	Matt Castro Memorial



SACRAMENTO AQUATICS CLUB

Boys Team Records - SCY

8 and Under					9-10s					11-12s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
25 Freestyle	14.89	Jiang, Tommy	12/6/2019	Matt Castro Memorial	25 Freestyle	15.13	Baker, Drew	7/20/2024	SSL Championships	25 Freestyle	13.04	Jiang, Tommy	5/1/2022	May Pentathlon
50 Freestyle	31.37	Jiang, Tommy	12/6/2019	Matt Castro Memorial	50 Freestyle	27.35	Jiang, Tommy	7/15/2021	SNS Bill Rose CL	50 Freestyle	24.8	Hoffman, Josh	12/1/2017	Matt Castro Memorial
100 Freestyle	1:15.01	Jiang, Tommy	12/6/2019	Matt Castro Memorial	100 Freestyle	58.47	Jiang, Tommy	12/2/2021	Holiday Swim Festival	100 Freestyle	55.37	Hoffman, Josh	12/1/2017	Matt Castro Memorial
200 Freestyle	2:48.83	Jiang, Tommy	10/19/2019	Pumpkin Meet	200 Freestyle	2:10.55	Jiang, Tommy	12/2/2021	Holiday Swim Festival	200 Freestyle	2:06.38	Hoffman, Josh	12/1/2017	Matt Castro Memorial
500 Freestyle	9:31.71	Kellogg, Uriah			500 Freestyle	5:48.90	Jiang, Tommy	11/19/2021	WAC Cranberry Classic	500 Freestyle	5:35.17	Balitaan, Anthony	10/4/2024	CCA Spook-Tacular 2024
25 Backstroke	17.99	Jiang, Tommy	12/6/2019	Matt Castro Memorial	25 Backstroke	15.11	Baker, Drew	7/20/2024	SSL Championships	1000 Freestyle	11:16.57	Balitaan, Anthoony	11/24/2024	Cranberry Classic
50 Backstroke	39.21	Jiang, Tommy	12/6/2019	Matt Castro Memorial	50 Backstroke	32.70	Jiang, Tommy	12/18/2021	Dart Winter Invite	1650 Freestyle	19:15.56	Balitaan, Anthony	10/18/2024	Pete Fitch Memorial
100 Backstroke	1:30.88	Naramore, Nevin	12/7/2018	Matt Castro Memorial	100 Backstroke	1:09.45	Jiang, Tommy	7/15/2021	SNS Bill Rose CL	50 Backstroke	28.43	Hoffman, Josh	11/17/2017	SMST Gobbler Classic
25 Breaststroke	21.82	Jiang, Tommy	12/6/2019	Matt Castro Memorial	200 Backstroke	2:46.26	Ng, Wesley	2/23/2025	EGAC Last Chance	100 Backstroke	1:02.55	Hoffman, Josh	12/1/2017	Matt Castro Memorial
50 Breaststroke	48.08	Jiang, Tommy	12/6/2019	Matt Castro Memorial	25 Breaststroke	20.67	Baker, Drew	7/21/2024	SSL Championships	200 Backstroke	2:27.70	Yerby, Carson	12/7/2018	Matt Castro Memorial
100 Breaststroke	1:53.12	Narayan, Aarav	1/28/2024	Bud Meyer Memorial	50 Breaststroke	38.07	Jiang, Tommy	12/18/2021	Dart Winter Invite	50 Breaststroke	32.47	Balitaan, Anthony	11/9/2024	Folsom Classic
200 Breaststroke	4:27.36	Marshall, Sebastian	2/23/2025	EGAC Last Chance	100 Breaststroke	1.21.07	Jiang, Tommy	12/2/2021	Holiday Swim Festival	100 Breaststroke	1:10.01	Balitaan, Anthony	11/10/2024	Folsom Classic
25 Butterfly	16.87	Jiang, Tommy	12/6/2019	Matt Castro Memorial	200 Breaststroke	3:09.57	Mah, Liam	12/2/2023	Matt Casto	200 Breaststroke	2:32.56	Balitaan, Anthony	11/11/2024	Folsom Classic
50 Butterfly	39.39	Jiang, Tommy	12/6/2019	Matt Castro Memorial	25 Butterfly	15.81	Mah, Liam	12/2/2023	Matt Casto	50 Butterfly	27.58	Hoffman, Josh	10/13/2017	CGA Spook-Tacular
100 Butterfly					50 Butterfly	29.74	Jiang, Tommy	12/2/2021	Holiday Swim Festival	100 Butterfly	1:00.76	Hoffman, Josh	12/1/2017	Matt Castro Memorial
100 IM	1:24.93	Jiang, Tommy	10/19/2019	Pumpkin Meet	100 Butterfly	1:08.36	Jiang, Tommy	12/2/2021	Holiday Swim Festival	200 Butterfly	2:22.02	Roxas, Reynaldo	10/6/2024	CCA Spook-Tacular
					200 Butterfly					100 IM	1:02.29	Hoffman, Josh	11/17/2017	SMST Gobbler Classic
					100 IM	1:07.91	Jiang, Tommy	10/19/2021	Pete Fitch	200 IM	2:18.22	Hoffman, Josh	11/17/2017	SMST Gobbler Classic
					200 IM	2:27.31	Jiang, Tommy	12/2/2021	Holiday Swim Festival	400 IM	4:54.05	Jiang, Tommy	3/11/2022	SNS 14&U Short Course Champion

13-14s					15-16s					17-18s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
25 Freestyle	14.02	Broyles, Barrett	5/6/2023	DART Spring Sprint Six	25 Freestyle	11.34	Pitcock, James	05/01/2022	May Pentathalon	25 Freestyle				
50 Freestyle	24.57	Yates, Marcus	3/24/2022	SWAGR	50 Freestyle	21.69	Amezcuca, Joel	5/2/2019	CIF Sac-Joaquin Section	50 Freestyle	21.59	Yates, Marcus	5/8/2025	CIF Sac-Joaquin Sections
100 Freestyle	53.47	Yerby, Carson	11/22/2019	SMST Gobler Classic	100 Freestyle	47.58	Hillstrom, Brandon	5/8/2025	CIF Sac-Joaquin Sections	100 Freestyle	49.30	Amezcuca, Joel Pitcock, James	9/15/2019 2/3/2024	Hot Dog Meet SN Winter Champs
200 Freestyle	2:01.56	Roxas, Reynaldo	3/21/2025	SWAGR	200 Freestyle	1:47.83	Wiley, Cayden	5/8/2025	CIF Sac-Joaquin Sections	200 Freestyle	1:47.68	Long, Garland	5/5/2023	CIF Sac-Joaquin Section
500 Freestyle	5:28.13	Sabini, Lincoln	3/6/2020	SNS 14&Under Champ	500 Freestyle	5:02.93	Sabini, Lincoln	2/5/2022	SN Winter Champs SCR JR	500 Freestyle	4:53.49	Sabini, Lincoln	05/05/2023	CIF Sac-Joaquin Section
1000 Freestyle	13:01.30	Peterson, Kingston	9/23/2022	VACA Season Opener	1000 Freestyle	10:58.33	Sabini, Lincoln	11/17/2017	SMST Gobbler Classic	1000 Freestyle				
1650 Freestyle	18:48.91	Yerby, Carson	10/4/2019	CGA Spooktacular	1650 Freestyle	18:08.69	Sabini, Lincoln	2/25/2022	WAC Last Chance	1650 Freestyle				
50 Backstroke	28.95	Price, David	1/27/2024	Bud Meyer Memorial	50 Backstroke	30.7	Sahs, Keven	1/27/2018	Bud Meyer Memorial	50 Backstroke	30.91	Amezcuca, Joel	5/22/2019	Folsom vs. Sacramento
100 Backstroke	1:02.83	Hoffman, Josh	1/13/2018	DART eSAC Junior+SCY	100 Backstroke	56.93	Price, David	2/23/2025	EGAC Last Chance	100 Backstroke	1:01.18	Amezcuca, Joel	4/25/2021	Sac vs. Lodi Gold
200 Backstroke	2:17.10	Price, David	1/28/2024	Bud Meyer Memorial	200 Backstroke	2:11.61	Price, David	10/6/2024	CCA Spook-Tacular 2024	200 Backstroke	2:26.66	Yoshioka, Bryan	1/18/2022	STAS Bud Meyer
50 Breaststroke	33.83	Liang, Jason	1/27/2023	STAS Bud Meyer	50 Breaststroke	31.73	Sahs, Keven	1/27/2018	Bud Meyer Memorial	50 Breaststroke	26.41	Amezcuca, Joel	6/12/2019	Folsom vs. Sacramento
100 Breaststroke	1:07.43	Grauman, Gabe	10/20/2024	Lodi Pumpkin Meet	100 Breaststroke	1:02.81	Long, Garland	4/29/2022	CIF Sac-Joaquin Section	100 Breaststroke	1:00.36	Long, Garland	05/05/2023	CIF Sac-Joaquin Section
200 Breaststroke	2:32.90	Grauman, Gabe	11/23/2024	Cranberry Classic	200 Breaststroke	2:25.44	Sabini, Lincoln	1/18/2022	STAS Bud Meyer	200 Breaststroke	2:21.17	Sabini, Lincoln	12/17/2022	DART Winter Invite
50 Butterfly	28.24	Price, David	1/27/2024	Bud Meyer Memorial	50 Butterfly	25.40	Amezcuca, Joel	1/27/2018	Bud Meyer Memorial	50 Butterfly	26.09	Long, Garland	1/27/2023	STAS Bud Meyer
100 Butterfly	1:00.65	Grauman, Gabe	12/8/2024	Matt Casto Memorial	100 Butterfly	55.70	Hillstrom, Brandon	2/23/2025	EGAC Last Chance	100 Butterfly	56.79	Pitcock, James	7/21/2024	SSL Championships
200 Butterfly	2:17.22	Roxas, Reynaldo	3/8/2025	Short Course Champs	200 Butterfly					200 Butterfly				
100 IM	1:16.80	Broyles, Barrett	5/6/2023	DART Spring Sprint Six	100 IM	1:04.49	Pitcock, James	7/24/2021	Capitol League Champs	100 IM	1:00.11	Amezcuca, Joel	8/31/2019	Davis Summer Classic
200 IM	2:17.94	Grauman, Gabe	11/23/2024	Cranberry Classic	200 IM	2:05.13	Sabini, Lincoln	4/29/2022	CIF Sac-Joaquin Section	200 IM	2:05.80	Sabini, Lincoln	12/17/2022	DART Winter Invite
400 IM	4:58.51	Roxas, Reynaldo	3/7/3035	Short Course Champs	400 IM	4:35.40	Sabini, Lincoln	2/5/2022	SN Winter Champs SCR JR	400 IM	4:26.25	Sabini, Lincoln	02/03/2023	SN Winter Champs SCY



SAC

SACRAMENTO AQUATICS CLUB

Girls Team Records - LCM

8 and Under					9-10s					11-12s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
50 Freestyle	39.63	Koum, Maiya	7/14/2024	Bill Rose Classic	50 Freestyle	29.55	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	50 Freestyle	27.60	Lonsdale, Lauren	7/14/2024	Bill Rose Classic
100 Freestyle	1:30.25	Koum, Maiya	7/13/2024	Bill Rose Classic	100 Freestyle	1:04.20	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	100 Freestyle	58.46	Lonsdale, Lauren	7/12/2024	Bill Rose Classic
200 Freestyle					200 Freestyle	2:20.55	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	200 Freestyle	2:06.03	Lonsdale, Lauren	7/11/2024	Bill Rose Classic
50 Backstroke	48.87	Koum, Maiya	6/23/2024	Mel Enze Memorial	400 Freestyle	4:56.48	Lonsdale, Lauren	6/24/2022	Woodland JOS or Bust	400 Freestyle	4:26.78	Lonsdale, Lauren	7/13/2024	Bill Rose Classic
100 Backstroke	1:44.39	Boyd, Laurel	6/22/2025	Rumble by the River	50 Backstroke	35.96	Lonsdale, Lauren	5/20/2022	Woodland Spring Classic	800 Freestyle	9:21.54	Lonsdale, Lauren	6/30/2024	Woodland Last Chance
50 Breaststroke	52.65	Koum, Maiya	6/30/2024	Woodland Last Chance	100 Backstroke	1:15.03	Lonsdale, Lauren	7/28/2022	Far Westerns	1500 Freestyle	17:43.71	Lonsdale, Lauren	6/29/2024	Woodland Last Chance
100 Breaststroke	1:56.96	Koum, Maiya	6/8/2024	Summer Night Swim, Slides N' Slices	200 Backstroke	2:51.19	Lonsdale, Lauren	7/2/2022	Time Trial Meet	50 Backstroke	33.00	Lonsdale, Lauren	6/29/2024	Woodland Last Chance
50 Butterfly	47.99	Koum, Maiya	7/14/2024	Bill Rose Classic	50 Breaststroke	37.10	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	100 Backstroke	1:08.46	Lonsdale, Lauren	6/23/2024	Mel Enze Memorial
100 Butterfly	2:03.15	Tu, Charlotte	4/12/2025	Splash into Spring	100 Breaststroke	1:22.96	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	200 Backstroke	2:25.93	Lonsdale, Lauren	7/12/2024	Bill Rose Classic
200 IM					200 Breaststroke	3:00.64	Lonsdale, Lauren	7/2/2022	Time Trial Meet	50 Breaststroke	35.98	Lonsdale, Lauren	6/22/2024	Mel Enze Memorial
400 IM					50 Butterfly	33.05	Lonsdale, Lauren	6/24/2022	Woodland JOS or Bust	100 Breaststroke	1:14.84	Lonsdale, Lauren	6/8/2024	Summer Sanders LCM Sr+
					100 Butterfly	1:19.48	Lonsdale, Lauren	6/24/2022	Woodland JOS or Bust	200 Breaststroke	2:42.11	Lonsdale, Lauren	7/12/2024	Bill Rose Classic
					200 Butterfly					50 Butterfly	30.42	Lonsdale, Lauren	6/22/2024	Mel Enze Memorial
					200 IM	2:37.01	Lonsdale, Lauren	8/3/2022	Western Zone Age Group	100 Butterfly	1:09.12	Lonsdale, Lauren	5/19/2024	Woodland Spring Classic
					400 IM					200 Butterfly	2:32.92	Lonsdale, Lauren	6/22/2024	Mel Enze Memorial
										200 IM	2:23.82	Lonsdale, Lauren	7/21/2024	PC Novato CA/NV Speedo Sectionals
										400 IM	5:01.21	Lonsdale, Lauren	7/14/2024	Bill Rose Classic

13-14s					15-16s					17-18s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
50 Freestyle	26.93	Lonsdale, Lauren	4/4/2025	2025 TYR Pro Swim Series	50 Freestyle	29.84	Bonner, Nyla	7/13/2024	Bill Rose Classic	50 Freestyle	33.36	Crevin, Ava	5/20/2023	Woodland Spring Classic
100 Freestyle	58.19	Lonsdale, Lauren	5/24/2025	Tiger Memorial	100 Freestyle	1:05.51	Le, Katie	6/8/2025	Summer Sanders	100 Freestyle	1:09.26	Crevin, Ava	6/17/2023	Mel Enze
200 Freestyle	2:03.49	Lonsdale, Lauren	6/21/2025	Rumble by the River	200 Freestyle	2:23.66	Le, Katie	6/28/2025	Woodland Last Chance	200 Freestyle				
400 Freestyle	4:21.10	Lonsdale, Lauren	4/4/2025	2025 TYR Pro Swim Series	400 Freestyle	5:11.35	Crevin, Ava	7/2/2022	Time Trial Meet	400 Freestyle				
800 Freestyle	9:29.70	Lonsdale, Lauren	6/14/2025	Woodland Distance	800 Freestyle	11:50.85	Jessie, Hannah	6/27/2025	Woodland Last Chance	800 Freestyle				
1500 Freestyle	18:17.17	Lonsdale, Lauren	6/14/2025	Woodland Distance	1500 Freestyle	22:42.53	Jessie, Hannah	6/27/2025	Woodland Last Chance	1500 Freestyle				
50 Backstroke	30.67	Londlae, Lauren	6/28/2025	Woodland Last Chance	50 Backstroke	34.06	Le, Katie	6/28/2025	Woodland Last Chance	50 Backstroke				
100 Backstroke	1:06.08	Lonsdale, Lauren	6/21/2025	Rumble by the River	100 Backstroke	1:13.30	Lee, Katie	5/17/2025	Woodland Spring Splash	100 Backstroke	1:21.93	Crevin, Ava	5/20/2023	Woodland Spring Classic
200 Backstroke	2:20.52	Lonsdale, Lauren	6/29/2025	Woodland Last Chance	200 Backstroke	2:47.24	Crevin, Ava	7/21/2022	Bill Rose Classic	200 Backstroke	2:58.61	Crevin, Ava	6/17/2023	Mel Enze
50 Breaststroke	36.14	Lonsdale, Lauren	6/14/2025	EGAC Night Swim	50 Breaststroke	37.19	Le, Katie	6/27/2025	Woodland Last Chance	50 Breaststroke				
100 Breaststroke	1:14.43	Lonsdale, Lauren	6/28/2025	Woodland Last Chance	100 Breaststroke	1:18.63	Le, Katie	6/7/2025	Summer Sanders	100 Breaststroke				
200 Breaststroke	2:38.79	Lonsdale, Lauren	6/29/2025	Woodland Last Chance	200 Breaststroke	2:50.90	Le, Katie	6/8/2025	Summer Sanders	200 Breaststroke				
50 Butterfly	29.52	Lonsdale, Lauren	6/29/2025	Woodland Last Chance	50 Butterfly	32.39	Bonner, Nyla	6/14/2025	EGAC Night Swim	50 Butterfly				
100 Butterfly	1:05.86	Lonsdlae, Lauren	6/22/2025	Rumble By the River	100 Butterfly	1:13.85	Le, Katie	4/13/2025	Splash into Spring	100 Butterfly	1:27.60	Grebner, Mackenzie	6/24/2022	Woodland JOS or Bust
200 Butterfly	2:26.44	Lonsdale, Lauren	6/28/2025	Woodland Last Chance	200 Butterfly					200 Butterfly				
200 IM	2:16.66	Lonsdale, Lauren	4/5/2025	2025 TYR Pro Swim Series	200 IM	2:37.04	Le, Katie	6/27/2025	Woodland Last Chance	200 IM	2:54.72	Crevin, Ava	5/20/2023	Woodland Spring Classic
400 IM	4:51.92	Lonsdale, Lauren	5/16/2025	Woodland Spring Splash	400 IM					400 IM				



SACRAMENTO AQUATICS CLUB

Boys Team Records - LCM

8 and Under					9-10s					11-12s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
50 Freestyle	40.06	Narayan, Aarav	4/13/2024	SMST Spring Splash	50 Freestyle	33.66	Ng, Wesley	5/25/2025	Tiger Memorial	50 Freestyle	29.41	Jiang, Tommy	7/21/2022	Bill Rose Classic
100 Freestyle	1:32.62	Narayan, Aarav	4/14/2024	SMST Spring Splash	100 Freestyle	1:09.36	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	100 Freestyle	1:05.37	Jiang, Tommy	8/3/2022	Western Zone Age Group
200 Freestyle	4:06.57	Marshall, Sebastian	4/12/2025	Splash into Spring	200 Freestyle	2:33.21	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	200 Freestyle	2:28.00	Balitaan, Anthony	5/26/2024	Memorial Day Tiger Meet
50 Backstroke	49.33	Narayan, Aarav	4/14/2024	SMST Spring Splash	400 Freestyle	6:21.42	Boldarev, David	5/20/2022	Woodland Spring Classic	400 Freestyle	5:17.37	Roxas, Reynaldo	6/21/2024	Mel Enze Memorial
100 Backstroke					800 Freestyle	13:46.80	Narayan, Aarav	6/14/2025	Woodland Distance	800 Freestyle	10:37.79	Balitaan, Anthony	7/14/2024	Bill Rose Classic
50 Breaststroke	59.68	Narayan, Aarav	4/14/2024	SMST Spring Splash	50 Backstroke	38.61	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	1500 Freestyle	20:44.84	Balitaan, Anthony	6/29/2024	Woodland Last Chance
100 Breaststroke	2:12.03	Marshall, Sebastian	4/12/2025	Splash into Spring	100 Backstroke	1:24.51	Ng, Wesley	6/14/2025	EGAC Night Swim	50 Backstroke	35.06	Jiang, Tommy	7/21/2022	Bill Rose Classic
50 Butterfly	56.43	Narayan, Aarav	4/13/2024	SMST Spring Splash	200 Backstroke					100 Backstroke	1:22.84	Nguyen, Andrew	6/27/2025	Woodland Last Chance
100 Butterfly					50 Breaststroke	49.09	Boldarev, David	5/20/2022	Woodland Spring Classic	200 Backstroke	3:05.40	Roxas, Reynaldo	6/22/2024	Mel Enze Memorial
200 IM					100 Breaststroke					50 Breaststroke	36.91	Balitaan, Anthony	7/13/2024	Bill Rose Classic
400 IM					200 Breaststroke					100 Breaststroke	1:22.41	Balitaan, Anthony	7/14/2024	Bill Rose Classic
					50 Butterfly	35.33	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	200 Breaststroke	2:57.79	Balitaan, Anthony	7/12/2024	Bill Rose Classic
					100 Butterfly	1:20.47	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	50 Butterfly	31.57	Jiang, Tommy	6/17/2022	Mel Enze
					200 Butterfly					100 Butterfly	1:11.00	Jiang, Tommy	7/21/2022	Bill Rose Classic
					200 IM	2:54.02	Jiang, Tommy	7/31/2021	SNS Mostly Civil War	200 Butterfly	2:45.88	Jiang, Tommy	7/21/2022	Bill Rose Classic
					400 IM					200 IM	2:39.54	Jiang, Tommy	7/21/2022	Bill Rose Classic
										400 IM	5:46.75	Jiang, Tommy	6/24/2022	Woodland JOS or Bust

7/13/2024

13-14s					15-16s				
Event	Time	Swimmer	Date	Meet	Event	Time	Swimmer	Date	Meet
50 Freestyle	26.41	Yates, Marcus	5/20/2022	Woodland Spring Classic	50 Freestyle	26.38	Yates, Marcus	7/21/2022	Bill Rose Classic
100 Freestyle	1:02.01	Roxas, Reynaldo	6/28/2025	Woodland Last Chance	100 Freestyle	1:00.25	Sabini, Lincoln	6/17/2022	Mel Enze
200 Freestyle	2:16.91	Roxas, Reynaldo	6/28/2025	Woodland Last Chance	200 Freestyle	2:17.92	Pauley, Cooper	6/21/2025	Rumble by the River
400 Freestyle	4:52.64	Roxas, Reynaldo	6/29/2025	Woodland Last Chance	400 Freestyle	4:50.04	Pauley, Cooper	6/20/2025	Rumble by the River
800 Freestyle	10:32.16	Roxas, Reynaldo	6/14/2025	Woodland Distance	800 Freestyle				
1500 Freestyle					1500 Freestyle				
50 Backstroke	36.83	Roxas, Reynaldo	5/18/2025	Woodland Spring Splash	50 Backstroke	30.43	Price, David	5/18/2025	Woodland Spring Splash
100 Backstroke	1:17.32	Madurapperuma, Akith	7/8/2023	Woodland Last Chance	100 Backstroke	1:04.78	Price, David	6/6/2025	Summer Sanders
200 Backstroke	2:50.43	Le, Niko	6/29/2025	Woodland Last Chance	200 Backstroke	2:41.36	Leu, Evan	5/18/2025	Woodland Spring Splash
50 Breaststroke	37.27	Roxas, Reynaldo	6/27/2025	Woodland Last Chance	50 Breaststroke	33.47	Grauman, Gabriel		
100 Breaststroke	1:20.29	Roxas, Reynaldo	6/22/2025	Rumble by the River	100 Breaststroke	1:18.63	Jiang, Tyson	7/22/2023	Bill Rose Classic
200 Breaststroke	2:53.74	Liang, Jason	6/30/24	Woodland Last Chance	200 Breaststroke	2:42.20	Sabini, Lincoln	6/17/2022	Mel Enze
50 Butterfly	31.08	Roxas, Reynaldo	6/14/2025	EGAC Night Swim	50 Butterfly	28.95	Price, David	6/21/2025	Rumble by the River
100 Butterfly	1:08.59	Roxas, Reynaldo	6/29/2025	Woodland Last Chance	100 Butterfly	1:02.42	Price, David	6/29/2025	Woodland Last Chance
200 Butterfly	2:32.73	Roxas, Reynaldo	6/28/2025	Woodland Last Chance	200 Butterfly				
200 IM	2:37.54	Jiang, Tyson	7/21/2022	Bill Rose Classic	200 IM	2:34.90	Pauley, Cooper	6/27/2025	Woodland Last Chance
400 IM	5:39.23	Roxas, Reynaldo	6/20/2025	Rumble by the River	400 IM	5:18.35	Price, David	6/20/2025	Rumble by the River

17-18s				
Event	Time	Swimmer	Date	Meet
50 Freestyle	25.00	Amezcu, Joel	7/11/2019	Bill Rose Classic
100 Freestyle	56.56	Pitcock, James	7/21/2023	Bill Rose Classic
200 Freestyle	2:08.31	Sabini, Lincoln	7/20/2023	Bill Rose Classic
400 Freestyle	4:28.77	Sabini, Lincoln	7/22/2023	Bill Rose Classic
800 Freestyle				
1500 Freestyle				
50 Backstroke	30.97	Hillstrom, Brandon	5/18/2025	Woodland Spring Splash
100 Backstroke	1:12.33	Lu, Eric	5/17/2025	Woodland Spring Splash
200 Backstroke	2:45.36	Lu, Eric	6/29/2025	Woodland Last Chance
50 Breaststroke	38.73	Lu, Eric	6/27/2025	Woodland Last Chance
100 Breaststroke	1:11.54	Sabini, Lincoln	7/22/2023	Bill Rose Classic
200 Breaststroke	2:35.24	Sabini, Lincoln	7/20/2023	Bill Rose Classic
50 Butterfly	27.49	Hillstrom, Brandon	5/17/2025	Woodland Spring Splash
100 Butterfly	1:02.68	Hillstrom, Brandon	6/29/2025	Woodland Last Chance
200 Butterfly				
200 IM	2:32.94	Pitcock, James	6/29/2024	Woodland Last Chance
400 IM				